



# WELLNESS PACKAGE

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£62  
per  
person

Get in touch or visit our  
website to find out more

[eventinfo@portlympne.com](mailto:eventinfo@portlympne.com)

[www.aspinallfoundation.org/wellness](http://www.aspinallfoundation.org/wellness)



## MOTIVATE, INSPIRE, RE-ENERGISE

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Investing in your employees' health and well-being is vital to your business. At Port Lympne Mansion Hotel, surrounded by tranquil gardens and the sounds of nature in the 600 acre reserve, we aim to boost the morale and productivity of your team with a focus on mental and physical well-being supported by good nutrition.

### WHAT'S INCLUDED

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- Exclusive use (9am - 5pm) of either The Spencer Roberts Room, The Long Room, The Martin Jordan Room. Or for larger meetings, the spectacular glass Orangery in the gardens.
- Tea, coffee and healthy snacks on arrival.
- Lunch prepared by our talented chefs.
- Morning and afternoon tea and coffee break.

### OPTIONAL UPGRADES

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- Sound bath
- Yoga session
- Keeper talk
- Private safari
- Animal Encounter

To book your Wellness Package you can call or email us:

01303 234112

[eventinfo@portlympne.com](mailto:eventinfo@portlympne.com)

### SAMPLE MENU

Buffet to include

Arrival

Greek yoghurt, berry compôte and muesli

Lunch

Quinoa, heritage beetroots, orange roasted carrots, toasted seeds

Afternoon break

Protein balls

