

bear lodge

# breakfast menu

# BEAR LODGE TRADITIONAL BREAKFAST

TWO CUMBERLAND SAUSAGES, TWO RASHERS OF BACON, TWO FRIED EGGS, BLACK PUDDING, BAKED BEANS, GRILLED TOMATO, HASH BROWN £10.50

### **SMALL BREAKFAST**

ONE CUMBERLAND SAUSAGE, TWO RASHERS OF BACON, ONE FRIED EGG,
BAKED BEANS, GRILLED TOMATO, HASH BROWN £8.00

# **VEGETARIAN BREAKFAST**

TWO VEGETABLE SAUSAGES, HASH BROWN, BAKED BEANS, MUSHROOM, TOMATO, TWO FRIED EGGS £8.00

### **AMERICAN BREAKFAST**

SCRAMBLED EGG, TWO RASHERS OF BACON, TWO PANCAKES
TOPPED WITH MAPLE SYRUP £7.00

# **CONTINENTAL BREAKFAST**

£6.00

**TEA OR COFFEE** 

£2.50

# main course

# **GRILLED CHEESE BURGER 602**

CHORIZO, BACON, TOMATO, PICKLED GHERKIN, ONION RINGS £12.50

#### 10oz RIB EYE STEAK

GRILLED MUSHROOMS, TOMATOES, FRIES,
GREEN PEPPERCORN SAUCE £25.95

### SPICED LAMB STEW

SEASONAL VEGETABLES, FLAT BREAD £16.95

#### **GRILLED GAMMON**

BUBBLE & SQUEAK, POACHED HEN EGG,
GRAIN MUSTARD & HOLLANDAISE SAUCE £11.95

### TASTE OF THAI

DICED CHICKEN BREAST IN A MILD THAI CURRY SAUCE, STEAMED BASMATI RICE, PRAWN CRACKER £12.95

### **BATTERED COD LOIN**

POTATO WEDGES, PEAS, TARTAR SAUCE £14.95

# **TIGER PRAWN LINGUINI**

CREAMY SUN-DRIED TOMATO SAUCE, ROCKET, PARMESAN SHAVINGS £12.95

### SPINACH & RICOTTA TORTELLONI

CREAMY WILD MUSHROOM SAUCE, PARMESAN SHAVINGS £11.95

### **PULLED JACK FRUIT CHILLI**

TORTILLA CORN CRISPS, CORIANDER, YOGURT £10.95

# starter

# SOUP OF THE DAY

SERVED WITH BREAD ROLL £4.50

### HOT "N" KICKIN CHICKEN WINGS

CRISPY SPICY CHICKEN WINGS, RED ONION CHUTNEY £5.50

# THAI STYLE DUCK CAKE

LEMONGRASS, CHILLI & GARLIC DUCK CAKE, HOISIN SAUCE £5.95

# THE ULTIMATE MEDITERRANEAN

FALAFEL, OLIVES, HUMOUS, FLAT BREAD £5.95

# CRISPY COATED CAMEMBERT ROUND

SMOKED PAPRIKA CROUTONS, SPICED CHUTNEY £6.25

# extras

CHEESY GARLIC BREAD £3.50

ONION RINGS £3.50

CHEESY CHIPS £3.50

SPICY WEDGES £3.50

# sunday lunch

2 COURSES £ 16.95 | 3 COURSES £20.95

### starters

SOUP OF THE DAY

FRESH CRUSTY BREAD

**BAY PRAWN COCKTAIL** 

MARIE ROSE SAUCE, BUTTERED SEEDED BREAD

HONEY DEW MELON

PARMA HAM, PORT & GINGER SAUCE

MANGO & BRIE PARCELS

CARAMELISED TOMATO CHUTNEY

SPICED BATTERED CAULIFLOWER

RED ONION, ROASTED LENTIL, COCONUT, CORIANDER, CHUTNEY

# main courses

LOCALLY SOURCED TOP SIDE OF BEEF

ROASTED, ROLLED STUFFED LOIN OF PORK

FREE RANGE ROAST CHICKEN

ROASTED COD LOIN WITH SAMPHIRE WHITE WINE SAUCE

**NUT ROAST (VEGAN AND GLUTEN FREE)** 

SPINACH & RICOTTA TORTELLONI
CREAMY WILD MUSHROOM SAUCE, PARMESAN SHAVINGS

(ALL MAIN COURSES SERVED WITH TRADITIONAL ROASTED VEGETABLES)

# dessert

**BREAD & BUTTER PUDDING** 

ORANGE, CALLEBAUT WHITE CHOCOLATE, CUSTARD

SOUTHERN CINNAMON FLAVOURED APPLE CRUMBLE

MADAGASCAR VANILLA ICE CREAM

STICKY TOFFEE PUDDING

TOFFEE SAUCE, MADAGASCAR VANILLA ICE CREAM

BLACK CURRANT MOUSSE WITH RASPBERRY SORBET

RASPBERRY COULIS

CHOICE OF ICE CREAM

THREE SCOOPS, CHOOSE FROM: CHOCOLATE, STRAWBERRY, VANILLA, SALTED CARAMEL

# dessert

# **APPLE CRUMBLE**

CUSTARD OR ICE CREAM £5.50

STICKY TOFFEE PUDDING

TOFFEE SAUCE, VANILLA ICE CREAM £5.50

**BLACKCURRANT MOUSSE** 

RASPBERRY SORBET £6.00

**BREAD AND BUTTER PUDDING** 

ORANGE, CALLEBAUT WHITE CHOCOLATE, CUSTARD £5.00

**SELECTION OF ICE CREAM** 

THREE SCOOPS, CHOOSE FROM:

CHOCOLATE, STRAWBERRY, VANILLA, SALTED CARAMEL £5.00

**SELECTION OF SORBET** 

THREE SCOOPS, CHOOSE FROM:

RASPBERRY, MANGO, BLACKCURRANT £5.00

# cubs menu

ONE MAIN & ONE DESSERT £8.95

# mains

### **CHEESE BURGER 4oz**

A GRILLED BEEF BURGER SERVED IN A WARM BUN WITH FRIES

#### **BAKED POTATO**

WITH CHOICE OF FILLING - GRATED CHEDDAR CHEESE, BAKED BEANS, BOLOGNESE

### **SAUSAGE & MASH**

TWO TASTY SAUSAGES, CREAMY MASHED POTATO & GARDEN PEAS

#### **CHICKEN BITES**

GOLDEN CRISPY FRIED CHICKEN BITES, WITH EITHER GOLDEN FRIES OR MASHED POTATO, BAKED BEANS

# COD FISH FINGER

GOLDEN, CRISPY FRIED FISH FINGERS, WITH EITHER GOLDEN FRIES OR MASHED POTATO, GARDEN PEAS

### **SPAGHETTI BOLOGNESE**

A GENEROUS BOWL OF SPAGHETTI, TOPPED WITH OUR SPECIAL MEATY BOLOGNESE SAUCE

### PENNE PASTA

RICH TOMATO SAUCE WITH A SIDE OF GRATED CHEESE

# desserts

### **ICE CREAM**

TWO SCOOPS OF DAIRY ICE CREAM, VANILLA, CHOCOLATE OR STRAWBERRY

# **DOUBLE CHOCOLATE BROWNIE**

SERVED WITH ICE CREAM

### FRESH FRUIT SALAD